

## Daily Preparation

This plan is to provide a daily activity which will prepare and equip you to persevere in doing your part to face the challenges of putting off your sin and putting godliness in its place.

1. While working this method/process, talk to God - not in a formal prayer kind of way, but in a conversational way, with three general goals in mind: (A) to give Him the clear message you want Him involved in the whole process, (B) to nurture an awareness of His continual presence and assistance, and (C) to develop the kind of prayer life whereby you are eager to talk with Him as often as possible.
2. Tell God, in detail, what you know about the sinful behavior you are putting off and the godly behavior you are putting on. This will promote honesty with God, honesty with yourself, and the opportunity for the Holy Spirit to help you think/see beyond your current understanding.
3. Review what God says about your sin and why you ought to hate it. Review both the actual and possible consequences of continuing in your sin. Review why replacing your sin with godliness is the right choice. This will nurture hatred for your sin, a conviction driven longing to change, a heartfelt desire to please God, perseverance, and a loving concern for others.
4. Review the costs involved of putting off your sin. Affirm your willingness to pay the price. Review the spiritual, relationship, and overall life changing profit/benefits of pursuing godliness. This will reinforce the foolishness of sin and the wisdom of godliness.
5. Ask God to speak to you as you review your chosen scripture(s). Then as you ponder/meditate on it, talk with God about its implications for you and your situation. As new insights come, respond accordingly. Affirm, to God, your strong longing to live according to His word.
6. Talk to God about your desire, need of desire, or lack of desire to love Him supremely, love others as you ought (in specific ways), be holy as He is holy, and have a pure heart - all for His sake and the sake of His kingdom here on earth. Affirm your need for His continued help.
7. Review yesterday's failures and successes. If you have not confessed and made the failure right, do so. Then tell God what you should have done to prevent the failure. Build on the victories by looking ahead at your day to predict probable times of temptation and testing. Then review with God how you intend to handle the temptation(s) and time(s) of testing.
8. Remind God that you not only need His help, you want His help - in all facets of the process. Talk to God about what you think you need from Him to make the progress desired (but do not ask Him to do your part for you). Ask God to clearly show you what prior thoughts or activities set you up (makes you vulnerable) to give in to temptation when it arrives. Ask God to increase your sensitivity to thinking patterns, practices, choices, and circumstances which either hinder or help you along the way.
9. Thank God for all He has done to save you from the power and practice of sin. Thank Him for His gracious assistance in working His method for growing in godliness. Affirm your confidence in His continued grace and help as you continue to work the process.